

Employee Tobacco Cessation Program

Starting January 2019



What is the Employee Tobacco Cessation Program?

A tobacco cessation program is the process of discontinuing tobacco smoking, or simply put – **quitting**. At UofL Hospital, we want the very best health for not only our patients, but also our employees. That is why we are offering this FREE program.

- UofL Hospital outpatient pharmacists are trained to provide tobacco cessation coaching and education
- Patients may select **individual services** or **group sessions**

Who can participate in the program?

Any UofL Hospital or UofL James Graham Brown Cancer Center employee or dependent age 18 and older who:

- wants to quit using tobacco,
- is not pregnant,
- and is covered under the UofL Hospital health and prescription benefit plans.

What are the benefits of the program?

- Personalized care to increase your success in quitting tobacco
- Communication with your health care provider(s) on your progress
- **Prescription written and dispensed for a tobacco cessation at the pharmacy WITHOUT a doctor's visit**, if filling at one of the UofL Hospital outpatient pharmacy locations
- **Wellness Program incentives**
- **FREE medications** for UofL Hospital health plan participants

How do I enroll in the Employee Tobacco Cessation Program?

Ask a pharmacy team member at one of the UofL Hospital outpatient pharmacy locations (Ambulatory Care Building or UofL Physicians Outpatient Center) if there is walk-in availability. Otherwise, ask to schedule an appointment with a clinical pharmacist.

Additional questions? Please contact:

Emily O'Reilly, PharmD
502-561-2826 | emily.oreilly@ulh.org



Hospital
Pharmacy Services

530 S. Jackson Street, Louisville, KY 40202 502-562-3571

UofLHospital.org